

By Rick Smith

# Rick's Practice Tips

Get your swing back on track  
by using the two-club drill



Swinging two clubs helps you understand how the hands, arms and body work together.

If you find yourself in a rut, one where you're slapping at the ball instead of swinging the club, try this drill: Pick up two clubs—short irons work best—and mimic your normal golf swing. You should get a sense of where each hand is in relation to the clubhead. You also should feel the synchronization of the arms swinging and the trunk rotating. You can't hurry this movement or one club will crash into the other. Once you get a feel for the natural hand positions, swing one club with your normal grip, and try to copy those positions. It's the fastest way I know to get your swing back. 🏌️

*Rick Smith, No. 5 among America's 50 Greatest Teachers as ranked by Golf Digest, teaches at the Treetops Resort in Gaylord, Mich., and Tiburón in Naples, Fla.*